

GIVE HOPE

30 Ways

Dianne Marie Andre



GIVE HOPE 30 WAYS

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Dear Friends,

Hope is an extraordinary human lifeblood most cannot live without. It pulls us through the toughest times, turns anxieties into positive thoughts, and motivates us to achieve personal and professional goals.

Hope is a gift...

...that we can give to one another through simple gestures and acts of kindness.

Throughout our lives we grind out many roles and responsibilities. During our busy efforts we forget to slow down, listen, smile, and hug our loved ones. We overlook the unfriendly salesclerk who may have received bad news or lives in a difficult environment.

Jesus is the perfect example of gifting hope. Every day, He healed broken hearts and guilt-ridden souls with miracles and words of hope.

Why not make hope a miracle that you can give? It is rooted in selflessness. That is truly miraculous!

I pray your heart will be lifted and new ways of extending hope will come to light.

Blessings,

Dianne

How To Use Give Hope 30 Ways

Most likely you may be familiar with many of the ideas shared on the following pages. Nonetheless, I encourage you to choose one card per day for 30 days to GIVE HOPE to family, friends, coworkers, and strangers.

Print each of the sheets with four cards per page. Although it's not necessary, you may want to use a heavier weight paper. Cut along the dotted lines and place the stacked cards in a visible place, like a nightstand, next to the phone or in a purse, or maybe in your vehicle.

Choose one card per day in whatever order fits your lifestyle, opportunities, and personal goals. You can also replace any of the suggestions with your own.

After you have completed each suggestion and GIVEN HOPE to someone, turn the card over, date it, and briefly write what the experience meant to the receiver and how it affected you.

I think you'll discover each act of GIVING HOPE blessed the receiver and you. Now, go out and GIVE HOPE 30 WAYS.

I'd love to hear about your acts of hope:

Dianne@dmAndre.com

Dianne Marie Andre, PO Box 69, Clements, CA 95227

1

*TODAY,
I will encourage
a mind.*

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:7 (NSV)

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2

*TODAY,
I will hug an
unlovable person.*

These things I command you, so that you will love one another. John 15:17 (ESV)

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3

*TODAY,
I will show
compassion with a
kind deed.*

And let us not grow weary of doing good, for in due season we will reap, if we do not give up. Galatians 6:9 (ESV)

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4

*TODAY,
I will text a positive
quote to all my
contacts.*

Gracious words are like a honeycomb, sweetness to the soul and health to the body. Proverbs 16:24 (ESV)

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5

*TODAY,
I will lift someone
up with a
compliment.*

To make an apt answer is a joy to a man, and a word in season, how good it is! Proverbs 15:23 (ESV)

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6

*TODAY,
I will buy a book
and give it to the
person in line
behind me.*

Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:7 (ESV)

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7

*TODAY,
I will help someone
embrace a dream.*

Let each of you look not only to his own interests, but also to the interests of others. Philippians 2:4 (ESV)

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8

*TODAY,
I will tell my best
joke to a
discouraged
person.*

A joyful heart is good medicine, but a crushed spirit dries up the bones. Proverbs 17:22 (ESV)

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9

*TODAY,
I will leave
gratitude notes in
unusual places.*

I do not cease to give thanks for you, remembering you in my prayers, Ephesians 1:16 (ESV)

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10

*TODAY,
I will leave potted
flowers on
someone's porch.*

But Peter said, "I have no silver and gold, but what I do have I give to you. In the name of Jesus Christ of Nazareth, rise up and walk! Acts 3:6 (ESV)

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11

*TODAY,
I will send a gift
card to someone in
need.*

Whoever is generous to the poor lends to the LORD, and he will repay him for his deed. Proverbs 19:17 (ESV)

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12

*TODAY,
I will put someone
else's needs above
my own.*

Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. Philippians 2:3 (ESV)

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13

*TODAY,
I will remind
someone that they
are loved.*

And a second is like it: You shall love your neighbor as yourself. Matthew 22:39 (ESV)

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14

*Today,
I will listen and
value a coworker's
ideas.*

He who has ears to hear, [a] let him hear.
Matthew 11:15 (ESV)

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15

*TODAY,
I will stock
provisions in my
car for when I see a
homeless person.*

Give to the one who begs from you, and do not refuse the one who would borrow from you.
Matthew 5:42 (ESV)

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16

*TODAY,
I will praise others
for their qualities.*

But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. Hebrews 3:13 (ESV)

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17

*TODAY,
I will be
joyful.*

A joyful heart is good medicine, but a crushed spirit dries up the bones. Proverbs 17:22 (ESV)

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18

*TODAY,
I will give full
attention to others
by turning off my
cell.*

Making your ear attentive to wisdom and inclining your heart to understanding; Proverbs 2:2 (ESV)

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19

*TODAY,
I will send a thank
you card to a man
or woman in
uniform.*

I will give thanks to my God always for you because of the grace of God that was given you in Christ Jesus, 1 Corinthians 1:4 (ESV)

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20

*TODAY,
I will hand out fun
office supplies
at work.*

You shall give to him freely, and your heart shall not be grudging when you give to him, because for this the Lord your God will bless you in all your work and in all that you undertake.

Deuteronomy 15:10 (ESV)

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21

*TODAY,
I will acknowledge
acts of kindness.*

2 with all humility and gentleness, with patience,
bearing with one another in love,
Ephesians 4:2 (ESV)

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22

*TODAY,
I will be
understanding.*

7 Beloved, let us love one another, for love is from
God, and whoever loves has been born of God and
knows God. 8 Anyone who does not love does not
know God, because God is love. 1 John 4:7-8 (ESV)

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23

*TODAY,
I will be kind to a
stranger.*

For I was hungry and you gave me food, I was
thirsty and you gave me drink, I was a stranger and
you welcomed me, Matthew 25:35 (ESV)

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24

*TODAY,
I will decide
to forgive.*

For if you forgive others their trespasses, your
heavenly Father will also forgive you,
Matthew 6:14 ESV

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25

*TODAY,
I will offer to
babysit for a single
parent.*

And let us not grow weary of doing good, for in due season we will reap, if we do not give up.
Galatians 6:9 (ESV)

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26

*TODAY,
I will reserve fun
time with family.*

And I commend joy, for man has nothing better under the sun but to eat and drink and be joyful, for this will go with him in his toil through the days of his life that God has given him under the sun.
Ecclesiastes 8:15 (ESV)

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27

*TODAY,
I will answer an
email I've been
avoiding.*

A soft answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1 (ESV)

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28

*TODAY,
I will write a nice
comment on a
friend's blog.*

Gracious words are like a honeycomb, sweetness to the soul and health to the body.
Proverbs 16:24 (ESV)

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29

*TODAY,
I will write a
gratitude list, give a
copy to each family
member.*

3 I thank my God in all my remembrance of you,
4 always in every prayer of mine for you all making
my prayer with joy, Philippians 1:3-4 (ESV)

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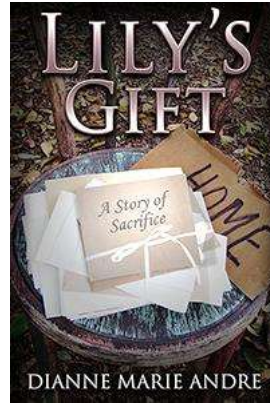
30

*TODAY,
I will be someone's
hope.*

22 But the fruit of the Spirit is love, joy, peace,
patience, kindness, goodness, faithfulness,
23 gentleness, self-control; against such things there is
no law. Galatians 5:22-23 (ESV)

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SHARE YOUR ACTS OF HOPE BY WRITING TO ME AT:

Dianne@dmAndre.com

Dianne Marie Andre, PO Box 69, Clements, CA 95227

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